



Municipality of the Township of Low
4A, d'Amour Road
Township of Low (Québec) J0X 2C0

Tel. : 819-422-3528
Fax : 819-422-3796
www.lowquebec.ca

CALL FOR APPLICATIONS

ACTIVITY LEADERS – FACILITATORS

SATURDAY MORNINGS IN LOW: FAMILY ACTIVITIES CLUB

The Municipality of Township of Low is pleased to announce the creation of the **Family Activities Club – Saturday Mornings in Low**, an initiative made possible thanks to **\$22,500** in financial assistance from **Quebec's Ministry of Family Affairs**, as part of the **Municipal Family Policy Support Program (PSPFM)**.

In this context, the Municipality is **calling for applications** to recruit **two dynamic facilitators** to lead this new program of physical, sports, social, and cultural activities for families in the community.

Project description

Saturday Mornings in Low: Family Activity Club aims to bring together citizens of all ages around a variety of intergenerational activities that promote healthy lifestyles, social inclusion, and a sense of community belonging.

A program is already in place, but the selected facilitators will have the opportunity to incorporate their own ideas and projects in a spirit of collaboration and creativity.

Role of facilitators

Facilitate and supervise activities planned as part of the Club.

Propose and implement new activities tailored to different age groups (children, parents, seniors, etc.).

Ensure a safe, inclusive, and friendly atmosphere during activities.

Collaborate with municipal staff on logistics and event promotion.

Required profile

We are looking for people who are:

- Dynamic, creative, and enthusiastic.
- Flexible and responsive to participant interest.
- Experienced in leading activities (sports, cultural, or community activities).
- Keenly interested in working with families and intergenerational groups.
- Able to work independently and as part of a team.
- Available on **Saturday mornings** (mandatory).

Conditions

- Term of office: October 2025 to May 2026.
- Schedule: Approximately **4 to 5 hours per week**, on Saturday mornings.
- Compensation: **\$30/hour**.
- Location: Municipality of Township of Low.

How to apply

Interested individuals are invited to submit the following documents:

1. An up-to-date **resume**.
2. A **cover letter** explaining your motivation, relevant experience, and ideas for potential activities.

Application deadline: September 19, 2025

Send your application to:

Myrian Nadon, Director General and Clerk-Treasurer of the Municipality of Township of Low

Email: direction@lowquebec.ca

Phone: 819-422-3528, ext. 201

For more information

If you have any questions about the position or the project, please contact the Municipality at 819-422-3528 or by email at reception@lowquebec.ca.

Join us in getting our community moving and coming together!
Saturday mornings at Low have never been so lively!